



EVIDENCE BASED BIRTH® CHILDBIRTH CLASSES & EVENT FALL 2023 CALENDAR

INSTRUCTOR: ZABRINA COX
LABOR AND DELIVERY NURSE, DOULA, CHILDBIRTH
EDUCATOR, EVIDENCE BASED BIRTH® INSTRUCTOR



DATE	TIME	CLASS	LOCATION
OCT 29	1-4:30PM	SAVVY BIRTH WORKSHOP	SAN LUIS OBISPO
NOV 2	6:30-8PM	VIBRANT VISIONS:WATERCOLOR AFFIRMATION BANNERS WORKSHOP	ARROYO GRANDE
NOV 4	10AM-2PM	LD COMFORT MEASURES (CEU)	SAN LUIS OBISPO
NOV 5	10AM-2PM	SAVVY BIRTH PRO (CEU)	SAN LUIS OBISPO
NOV 7	6-8PM	EBB® CHILDBIRTH CLASS	SAN LUIS OBISPO
NOV 11	12-2:30PM	EBB® BOOK CLUB	SAN LUIS OBISPO
DEC 16	1-4:30PM	SAVVY BIRTH WORKSHOP	SAN LUIS OBISPO

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*TO ENSURE YOUR ENROLLMENT IN THE CLASS, PLEASE COMPLETE THE REGISTRATION PROCESS WITHIN 72 HOURS BEFORE THE START DATE OF THE CLASS.